Hong Kong Christian Service Centre for Harmony and Enhancement of Ethnic Minority Residents (CHEER)

Outstanding Volunteer Award

(1) Writing at least 200 words article; OR

(2) Draw an A4/A3 size picture, with at least 50 words description

Vs one is a volunteer programme. We do a lot of volunteer to serve our community. We help elederly and mentally handicapped. We made up this group so that we can help those in need, It can not just make them happy but we can be happy, Our target was to help elederly and mentally handicopped, I recommend we need to do volunteer work to help the eledenly and the mentally handicapped. So that they won't feel alone. They with think that there also some people is carring for them. They will feel happy about it In the volunteer, we visit the elederly and the mentally hardicapped. When we arrived there, we were nervous but later on it was fine. First, we played some games

with them, then, we have performance such as magic show, Next, they share there feeling with us. After that, we gave them caring cards and some solllening. At lost, we took of group and say goodbye to them. It was a wonderful time with them,

In the volunteer, I learnt that even they are looking like children but they are kind, helpful and know how to respect the people. We also need to treat them as equal as us.

